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The Gift of Abundance

Everywhere on the planet humanity is facing challenging times. Economic downturn, layoffs and plummeting stock prices are causing people anxiety, fear and despair. Combine that with the expectation of merrily shopping for gifts, and feelings of hopelessness and frustration become our experience. Fortunately, we can take this time to remember that our thoughts are creative and shift our thinking away from what the masses believe to a spiritually empowered point of view. By simplifying the holidays, honoring the sacredness of the season and rejecting pressure to purchase superficial consumer items, we can focus on letting the loving light of God shine through us and open the portals of abundance in all areas of our lives.

The gift of abundance flows in many different ways. For example, one of our family traditions is to go to a beautiful Midwestern farm for a Christmas tree (with gratitude in our hearts for the gift the tree is giving us). When we visited the farm earlier in autumn, my daughter spotted a tiny blue spruce tree, which we carefully tagged until our return in December. We often thought about that little tree until the time came to take it home. Later upon arriving back at the farm, we discovered that the cost of the tree was higher than we imagined. In fact, all the blue spruces were the same price whether they were three-, six-, or eight-feet tall. The price was in a range that was more than we could comfortably spend. With uncertainty as to what to do, we approached our graceful tree, only to see that there was writing on the tag that read \$40. The price was greatly reduced! Happily, we cut the tree down and carried it to the parking lot awaiting my husband to bring the car around. Just then a truck pulled up and a smiling man asked, "What kind of tree is that?" "It's a blue spruce," I answered. Then he asked, "Where did you get it?" Wondering why he had such interest in our little tree, I replied, "In that row over there. We tagged it in the fall." The smiling man exclaimed, "Oh, you're here. I marked that tree down for you myself." The farm owner's joy from giving this gift showed, and I thanked him for making this tree possible for our family.

Indeed, abundance doesn't always come the way we expect it. It could come via a marked down Christmas tree, someone passing on furniture or clothes to you or a friend bringing you dinner when you are low on food. Abundance does, however, always come from the one Source, the one Supply, the one Power, which is good. No matter what the channel, it's



always from God, and God doesn't know anything about difficult times.

No matter how turbulent the world may be, remember that Creative Intelligence did not design lack. Humanity did that one with its own free will, and you simply cannot change the condition of not having enough by that which created it in the first place. The only way to heal the challenge is through spiritual methods.

If you are facing loss of income, soaring health care costs or a diminishing stock portfolio, be confident that the demonstration of abundance is within your reach. Still not convinced? Then think about my friend who started a job search in August. By early September nothing had happened - no phone calls or responses to her resumes. The morning of September 9, she said, *"I woke up in a negative place and in a real funk."* During the next few days all of these old messages came to the forefront of her mind such as *"Who would want me?" "I'm not good enough," "I'll be lucky to make enough money to cover expenses."* A few days later a friend helped her process these thoughts and they cleared out. What remained was a soaring image of herself. Now her affirmations were, *"Of course, people are interested in employing me." "I have so much to offer." "I deserve to make good money." "I have valuable skills."* She told me that she *"moved forward in confidence and joy."*

With this renewed mind-set, interviews and job offers appeared instantaneously. Every position she applied for after the shift in consciousness resulted in generous offers. Finally, she chose a position with a company who recognized her talents and paid her at the top end of the salary range. In fact, she received \$30,000 more than her prior job just by making a mental picture of that and affirming the Truth. As more evidence of how the Law of Attraction works, after one week on the job, my friend learned that a promotion to Vice President is imminent.

So during these trying times, where one could easily be swayed into the consciousness of lack, steer your thoughts away from negativity and know that you have the power to co-create an abundant life and an abundant Earth. Simplify your holiday and refuse to be dazzled by commercials that lure you into believing that expensive gifts and forced giving prove how much you love someone. For me, dried herbs harvested from my summer crop and plant cuttings are some gifts I give that have my love entwined in them from the planting, growing and reaping stages. Spreading your light by giving a smile and a helping hand are gifts that transform the energy of the Earth into a place of peace, prosperity and joy. This year, find your own way to express the true spirit of the season. As you



give your heart flame's love and light to the world, more and greater blessings will pour out to you.

So go about your holiday festivities and celebrate. Keep a vigil on your thoughts and remember that your Source is never hampered by the economy. The abundance of all good things is here for you right now. This season, I invite you to open your heart to receiving all that is good and all that is wonderful. Expand the light flame of your heart, and enjoy the abundance flowing in and through you.

May you be blessed with the warmth and comfort of the season and be free from the constraints of human creation. May you and your loved ones be enfolded in joy, beauty, peace and harmony not just during the holidays but always.

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